

**TRIDENT CONFERENCE**  
**Waiver Release Of All Claims And Hold Harmless Agreement**

Trident Swim Conference, made up of separate swim and tennis clubs, will be hereinafter referred to as conference.

Please read this form carefully and be aware that, in signing to participate in individual conference events, including the conference event, you will be waiving and releasing all claims for injuries arising out of these programs, that you might sustain. The terms "I", and "we," and "my" also refer to parents or guardians as well as participants in the programs. The conference is defined as the individual club: Hinswood; Maple Hill, Meadows, Orchard Brook, Oakhurst, Oakhurst North, Raintree, Stonebridge; and other clubs that may be added to the conference. In registering for these programs, you are agreeing as follows:

As a participant in these programs, I recognize and acknowledge that there are certain risks of physical injury, and I agree to assume the full risk of any injuries, damages or loss which I may sustain as result of participating, in any manner, in any and all activities connected with or associated with such programs. I further recognize and acknowledge that all athletic activities involving strenuous exertion, potential body contact, and swimming and diving, are hazardous recreational activities and involve substantial risks of injury.

I further understand and agree that the terms such as "participation," "programs," and "activities," referred to in the Agreement include all exercises and physical movements of any nature while I am participating in these programs and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment, and apparatus, and anything related to my use of the services, facilities, or premises involved in these programs, and transportation to and from any event.

I understand the nature of these programs for which I am registering, and have read and fully understand the Waiver, Release and Hold Harmless Agreement. I further understand that any advisement or warnings of the particular risks of these programs that I subsequently receive will be incorporated by reference into and become a part of this Agreement.

I agree to waive and relinquish any and all claims I may have as a result of participating in these programs against the Conference, or individual members, any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employees of the Conference, or individual members, and any other persons and entities, of whatever nature, that might be directly or indirectly liable for any injuries that I might sustain while participating in these programs.

The parties identified in the above paragraph are referred to as "released parties" in the remainder of this agreement.

I do hereby release and discharge the conference, and individual members, the other released parties from any and all claims for injuries, damage or loss which I may have or which may accrue to me on account of my participation in these programs.

I further agree to indemnify, hold harmless and defend the conference, and individual members, and any and all other released parties, from any and all claims resulting from injuries, damages and losses sustained by anyone, and arising out of, connected with, or in any way associated with my conduct and the activities of these programs, or events.

I also acknowledge an unsigned copy of this agreement has been given to me, my parent, or guardian.

Participant #1	Date of Birth	Participant #2	Date of Birth
Participant #3	Date of Birth	Participant #4	Date of Birth
Participant #5	Date of Birth	PHONE NUMBER	

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Parent or Guardian MUST sign if participant is under the age of 18

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Date Signed